

Oak Park Youth Baseball/Softball (OPYBS) Covid-19 Related Safety Guidelines (revised 5/6/2022)

Anyone (player, coach, volunteer, umpire, spectator, etc.) at higher risk for contracting Covid because of an existing medical condition, age, etc., should consider consulting a medical professional before attending any practice or game.

PLEASE NOTE: *individuals who do not comply with these OPYBS guidelines will be asked to comply. Repeated offenses may result in action by the OPYBS board of directors, up to and including the possibility of removal from future practices/games.*

The guidelines stated here are consistent with the latest CDC, State and Local guidance.

GENERAL GUIDELINES FOR EVERYONE:

- Players, coaches, officials and spectators must self-isolate from games and practices if they test positive for Covid
 - Quarantine for anyone who tests positive and is asymptomatic is 5 days, with the day you test positive being “Day 0”
 - If you develop symptoms, “Day 0” is the day you first noticed the symptoms.
- Anyone who is not up-to-date on their Covid vaccinations (has the greatest number of shots/boosters available based on their age) should quarantine for 5 days if they are in “close contact” with someone who tests positive for Covid. Close Contact is defined as within 6 feet for a total of 15 minutes over the course of a day.
 - Anyone who is fully vaccinated (up-to-date on all shots/boosters) does not have to quarantine unless they show symptoms or have a positive test
- It is recommended (but not required) that anyone who is in close contact with someone who tests positive get a Covid test 2-3 days after exposure
- For those with a pre-existing condition that may cause these symptoms (allergies, asthma, etc) please check with your doctor.
- If any player, coach, umpire or volunteer tests positive for Covid-19, they must immediately inform the OPYBS Board of Directors at safety@opybs.org so that proper precautions can be taken for other teams/players/officials.
- All of these guidelines may be modified by the OPYBS Safety Committee at any time based on CDC, State and Local guidance.

GUIDELINES FOR USE OF THE OPYBS INDOOR FACILITY:

- It is recommended (not required) that unvaccinated persons in the OPYBS facility wear a mask indoors.